

# NETWORK MEETING 3



## Social Farming Across Borders

**3<sup>rd</sup> Regional  
Network Meeting  
Omagh 25/3/2013**

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**Social Farming!** a response to the personal choice of people to do everyday activities of rural life, with the people and places of ordinary rural communities.

Farms and farm families being at the heart of rural living.

# SoFAB Project October 2011 – September 2014

**2 JURISDICTIONS**

**12 COUNTIES**

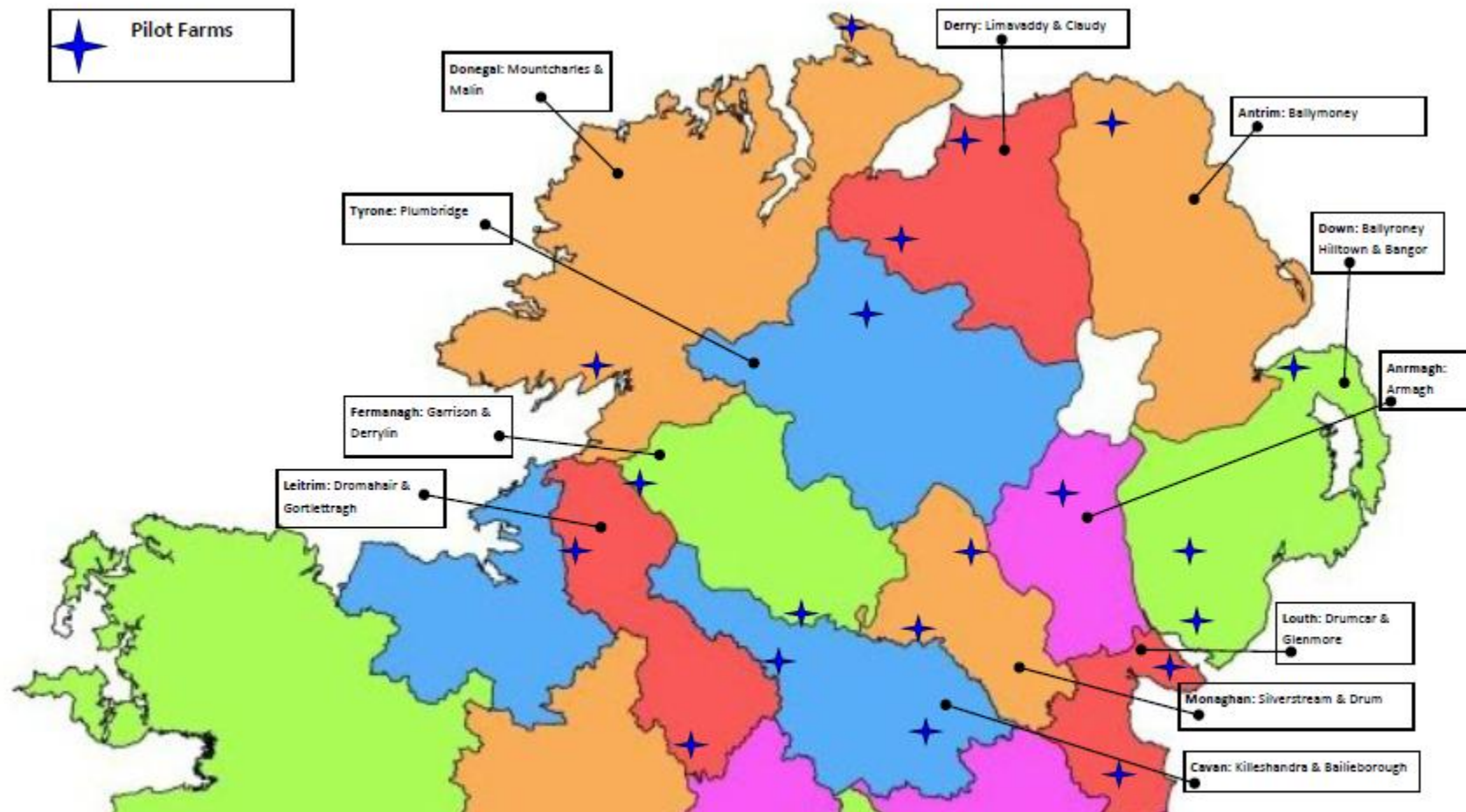
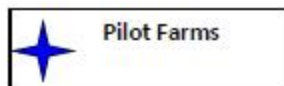
**6 Health & Social care regions**

**20 FARM FAMILIES**

**60 PEOPLE (30+ 30)**

**30 WEEKS (day per week)**

**MANY PARTNERS (Eols from  
115 farmers, 300 + service  
contacts)**



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# Outcomes (Clients)?

New Relationships

New Social Roles

Enhanced self image and esteem

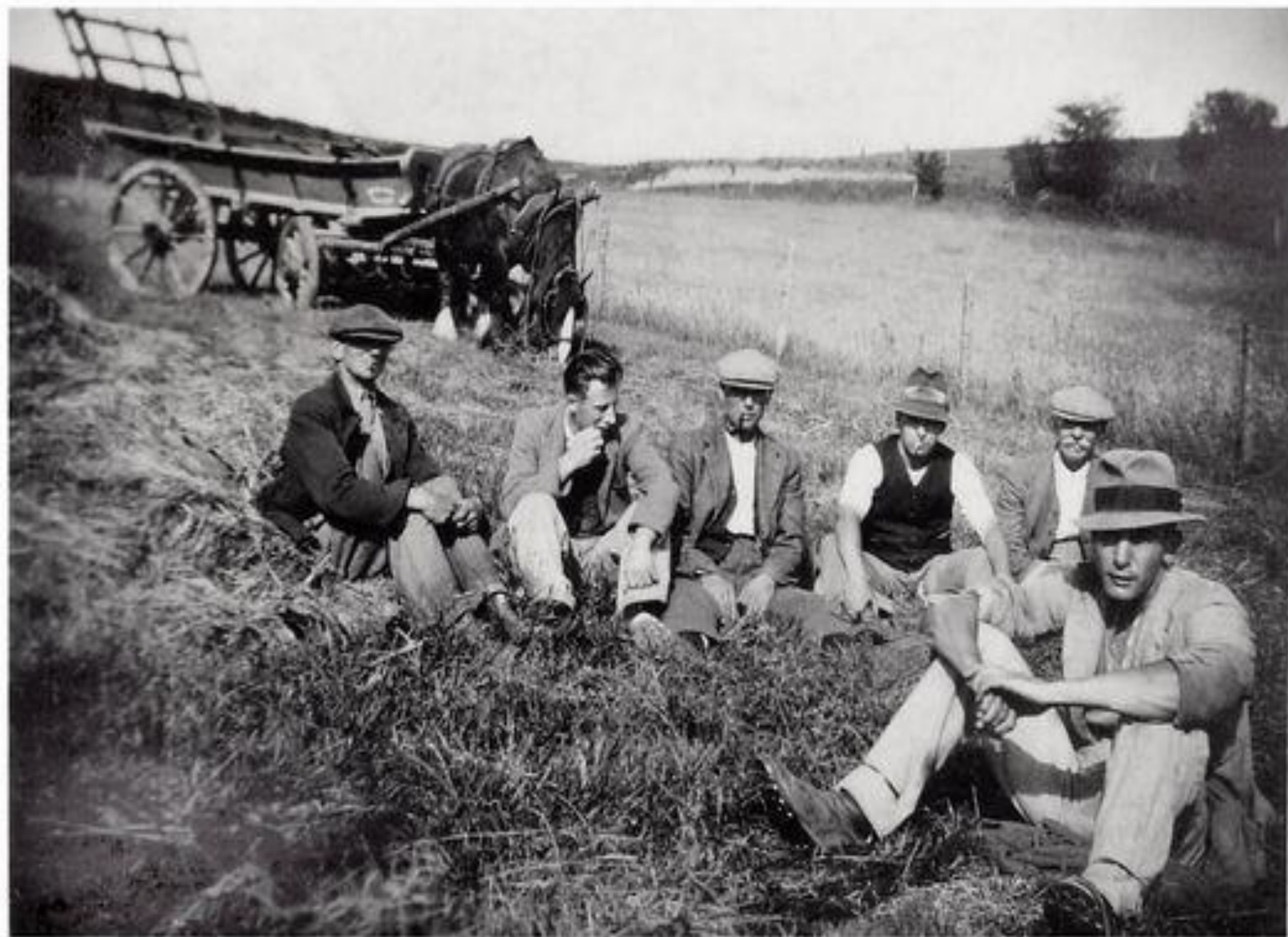
New Skills

An Evolving personal vision













# SoFAB Key Activity

- **Dissemination** of Concept of Social Farming within community
- Build a ground up **Network** of interest and partners.
- **Pilot Practice** in Social Farming in Ireland
- **Evolve Learning**
- Key Partners in delivery of SoFAB are; U.C.D. Q.U.B. and Leitrim Development Co.

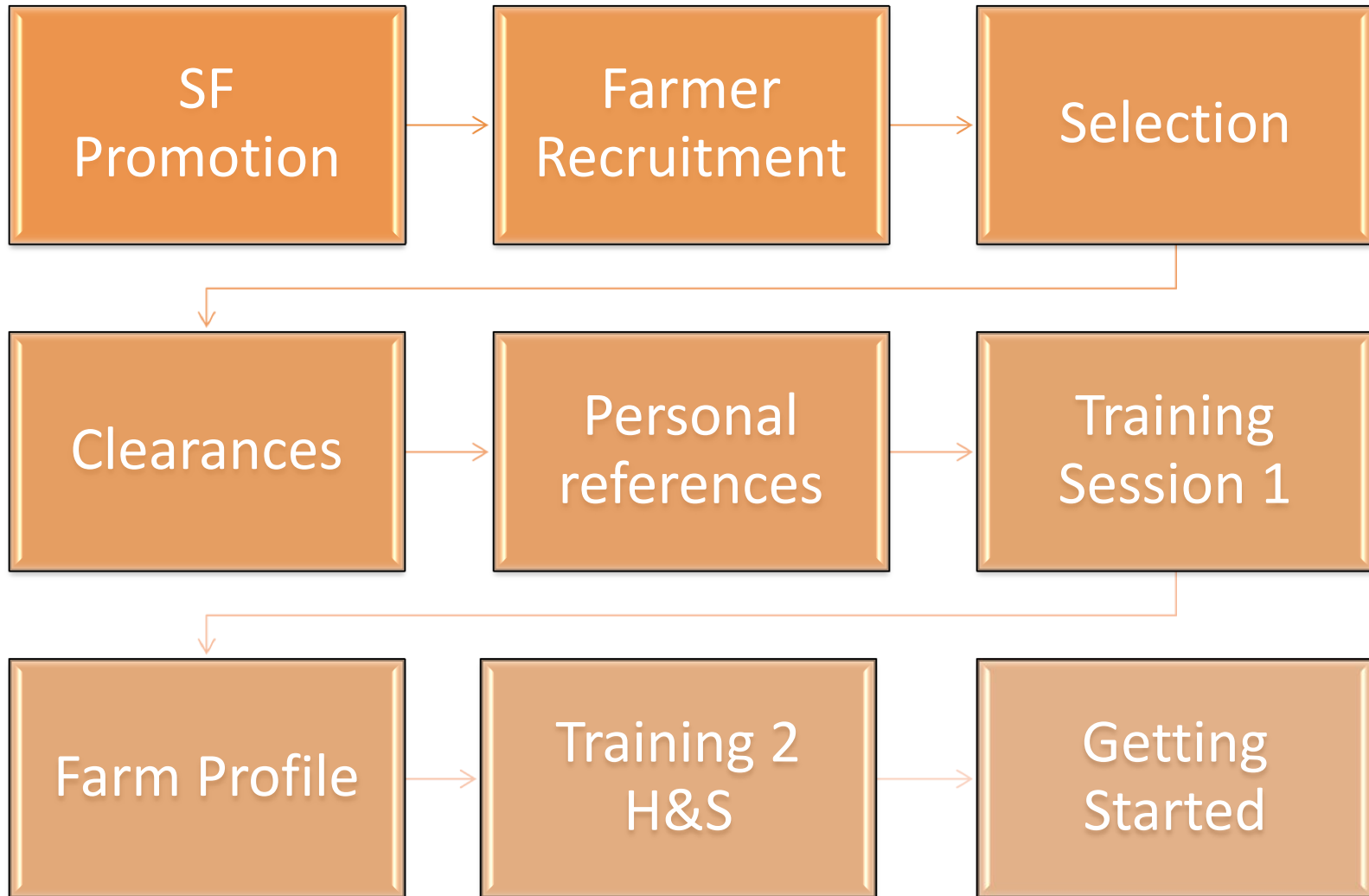
# Farms and Farm Families operate on many levels within their community

- Farming
  - Business
  - Social and Family
  - Community and Cultural
- 
- You actually have a circle of contacts in all of these areas – the building blocks of *Social Farming*

# A Key SoFAB Difference

- Most 'social inclusion' projects 'reach out' from services to ordinary community places
- SoFAB is centred in the farming and rural community and from there is extending an invitation to people and the services who support people.

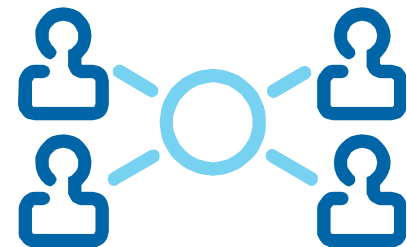
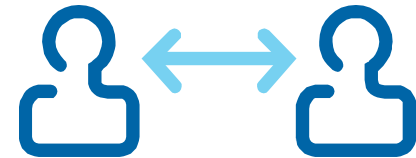
# Farmers Journey to Date?





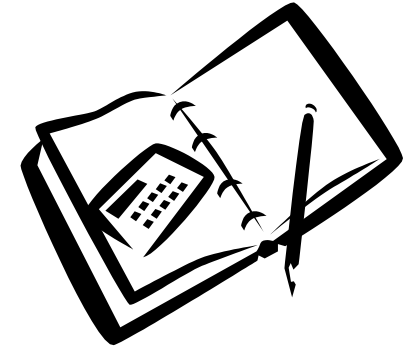
# Get Connected

- Farm Families
- Potential Participants.
- Service Agencies



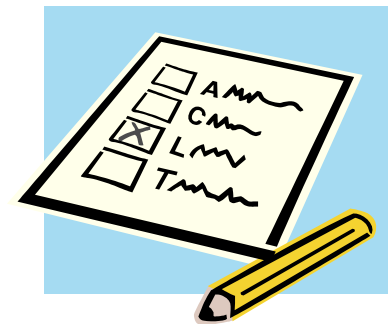
# The Right People ?

- Tell us about yourself ?
- Your Choices?



How ? >>>>

Potential Participant Profile



# Introductions

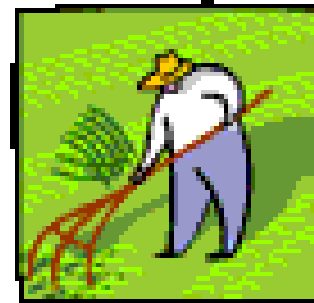
- Farm profile
- Participant profiles
- Get to know each other
- People, Service Supports, Family, Farmers
- How ? A range of options



# Induction



- Relevant Personal support information
- Key **Personal** and **Service** contact info.
- Logistical plan
- Farm Activity plan
- Early days on the farm.
- Working safely together.



# Roles and Responsibilities !

- A Spirit of Partnership



- Non –Legal Formal arrangement

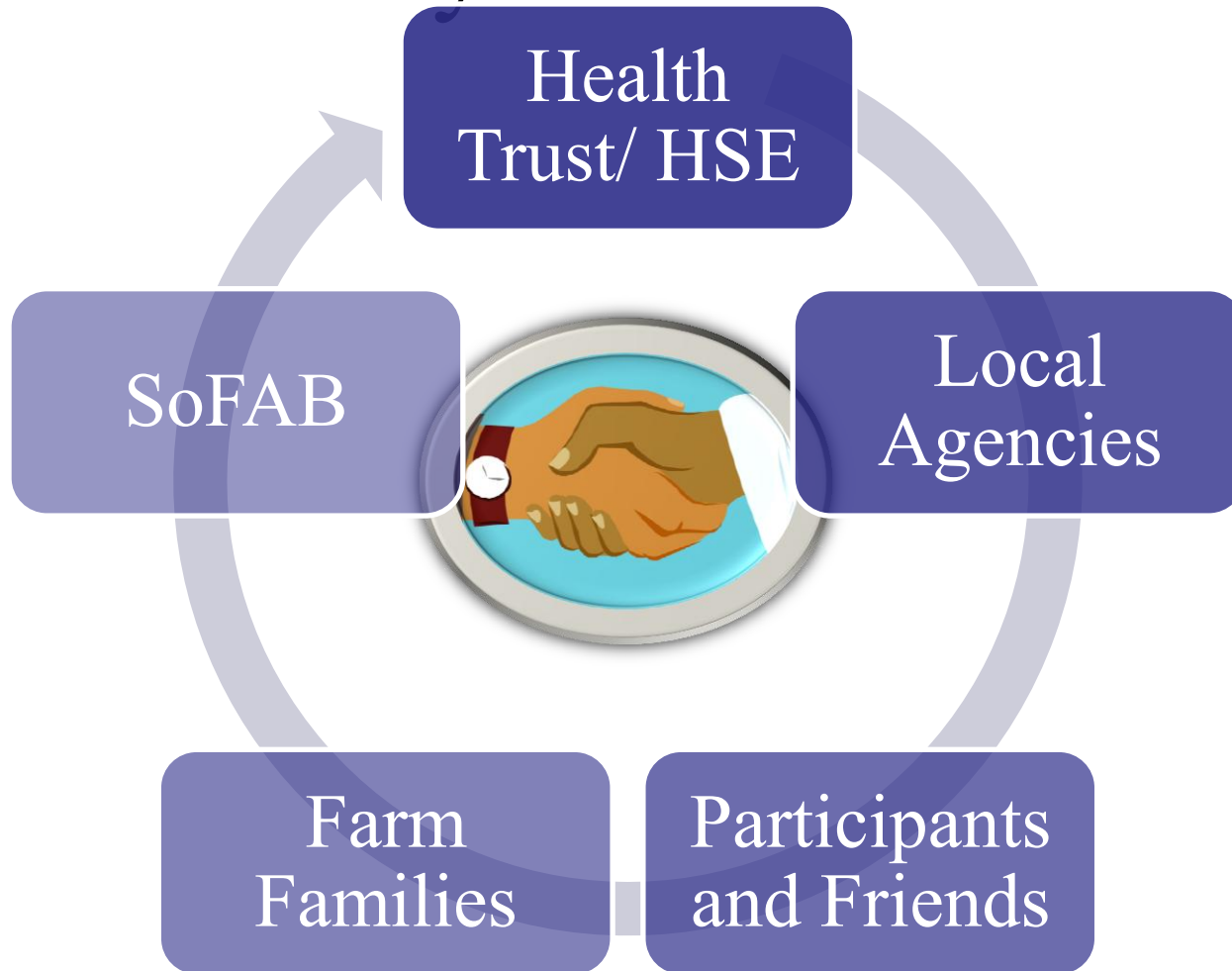


- Memo of Understanding (MoU)

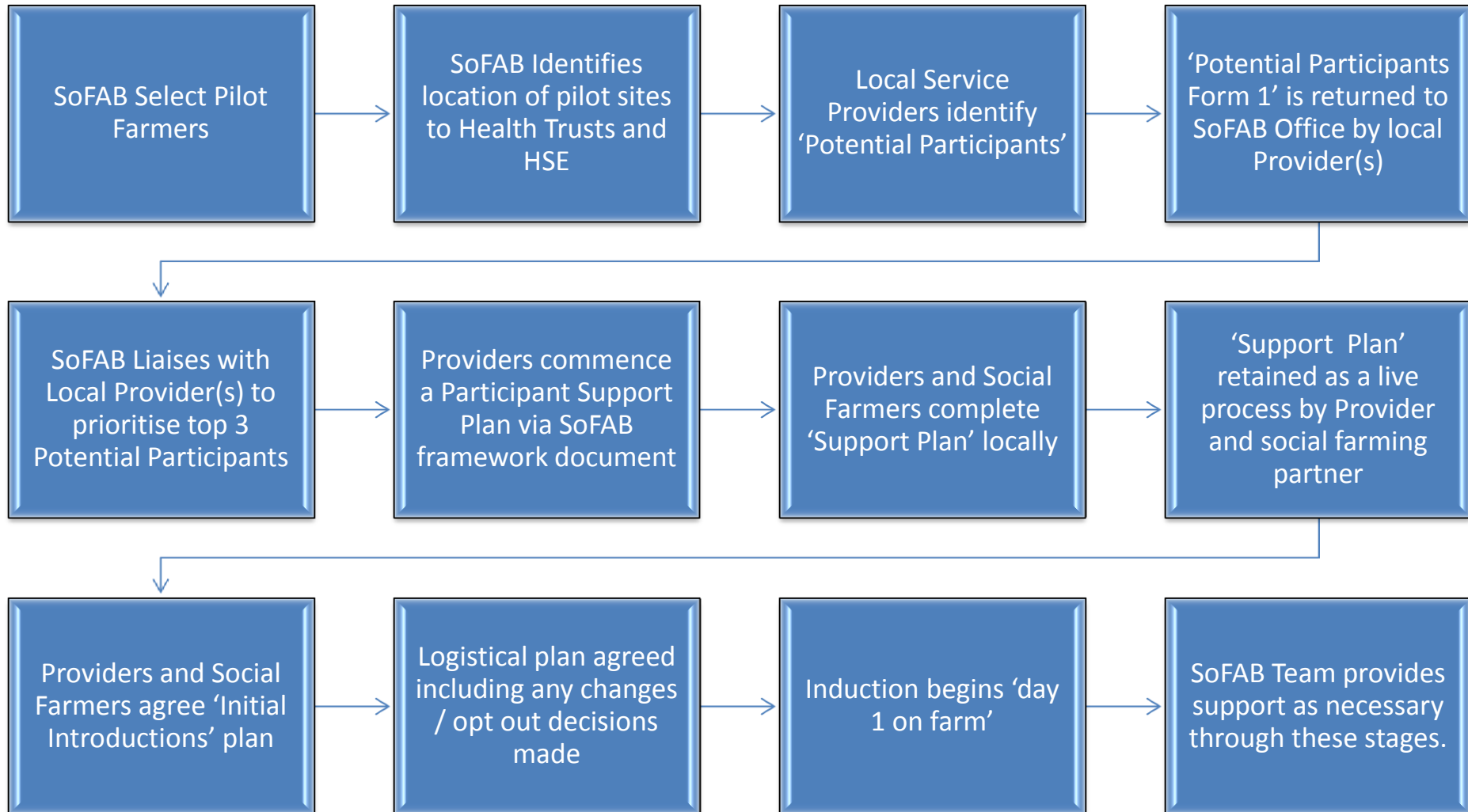




# Key Partners



# Key Steps to Participation



# All above comes together in an Individual Support Plan

**Personal Choice**

**Key Information**

**Key People**

**Key Supports**

**Everyone knows where to get help**

# The Future Of Disability In Rural America Is Tied To The Future Of Rural Communities Themselves



- What is community?
- What is rural community development?
- What is the role of disability and rehabilitation providers in rural communities?
- What can disability and rehabilitation service providers and rural community developers learn from each other?

# Some Stray Points


- While cities grow increasingly indistinguishable from one another, small towns and rural areas offer a diversity that still represents the laboratory of community.
- Practices that work in rural also are likely to work in cities , though the converse is not true.
- As cities move to create livable communities, they draw upon many of the principles at heart based in rural community development
- (Above two slides ref Seekins USA)





# Farm Profile

## Section 1 – Your Details

<p>Name: Simon and Jennifer Bullock</p> 	<p>Address: 430 Belturbet Rd, Aghalane, Derrylin, Enniskillen, Co. Fermanagh</p>
<p>Contact number:02867748279</p>	<p>Post Code:BT92 9BR</p>
<p>Mobile No:0866062775 or 07771580387</p>	

## Section 2 – Your Farm



### About my Farm:

- The farm at Aghalane, Teemore, N. Ireland is situated off the A509 road along the Woodford River which forms the Erne /Shannon waterway and acts as the Fermanagh (NI) / Cavan (ROI) border.
- The farm house is a traditional stone built, reed thatched, whitewashed cottage .Once a common style in Ulster, it is now one of approximately 100 that remain, of which very few are still used as family homes. The cottage is the centre of a square of traditional stone barns that have been recently refurbished.
- We also have the care of a ruined stone 17<sup>th</sup> century plantation castle on our farm, which was the home of the Creighton family before they moved three miles down the river to Crom Bay and took on the title of Earls of Erne.
- The surrounding cottage gardens are filled with mature trees which have been planted by the family over the years starting with the current owners Great –Grand father who once worked at Kew Gardens, and was the estate gardener for the Earls of Erne .We feed wild birds to encourage breeding on the farm and have a host of visiting water birds to our pond, such as Kingfishers, Herons and Whopper swans. The farm has recently been renewed a place in the Dept of Agriculture Country Side Management Scheme. The farm land extends to just over 100 acres of grazing lands.



### Farm Activities offered to the Participants:

- Vegetable and herb planting/ harvesting.
- Soft and tree fruit planting/ harvesting.
- Jam making and baking.
- Window box construction.
- Planting/ maintaining woodland areas, flower beds, and water areas to provide the ideal habitat for wildlife.
- Wild bird feeding and identification.
- Assisting with sheep farm activities



### **Section 3 – Your Locality & Community**

Nearest Services: Teemore village (3 miles) Belturbet (4 miles) — all local village facilities available

Nearest town: Derrylin, Co Fermanagh (6 miles) Lisnaskea (12m) Enniskillen (20 miles) Belturbet Co Cavan (4 miles)

Nearest public transport or rural transport initiative:

Ulsterbus route from Enniskillen to Belturbet stops at the end of our farm lane

My locality and community interests :

We live 2 miles from the National Trust estate at Crom which is a haven for wildlife and supports an amazing array of species of wild birds, mammals, flora and insects. We attend Crom Estate church, where Simon rings the peal of eight bells most Sundays and we are well known within the local community.

The local community are very supportive with regard to our family's special needs and we have been offered much assistance in the development of our social farming pilot scheme. Local people with great traditional skills on fruit & vegetable growing, moth trapping and recording, jam & cake making, hedge laying etc are keen to be involved to share their knowledge.



## **Section 4 – You, the Farmer**

### **Me and my Farm:**

Simon and Jennifer Bullock live on the farm at Aghalane with their 3 children. Simon is the fifth generation of the Bullock family to live and work on the farm. After attending Agricultural college Simon has improved the farm while maintaining the natural environment. Simon has experience in working with people with disabilities through the Riding for the Disabled, Assistance Dogs Northern Ireland and has recently established Annagh Care Farm on his other farm at Aughnacloy, Co. Tyrone.

Jennifer was brought up on a farm and also loves the outdoor environment. As a senior Occupational Therapist, Jennifer has experience treating and working with people who have physical and learning disabilities and people with mental health issues. Also, Jennifer and Simon two eldest sons both have autism and learning disabilities which gives them personnel experience of the joys and challenges of caring for loved ones with a disability.



# Network Representatives



Three network representatives have been selected

- ❑ Annie Mullan from Plumbridge Tyrone
- ❑ Allan Rainey from Ballygawley Omagh
- ❑ Padraig McBreen from Bailieborough Cavan

They will be your voice on the Project Advisory Committee and vice versa.



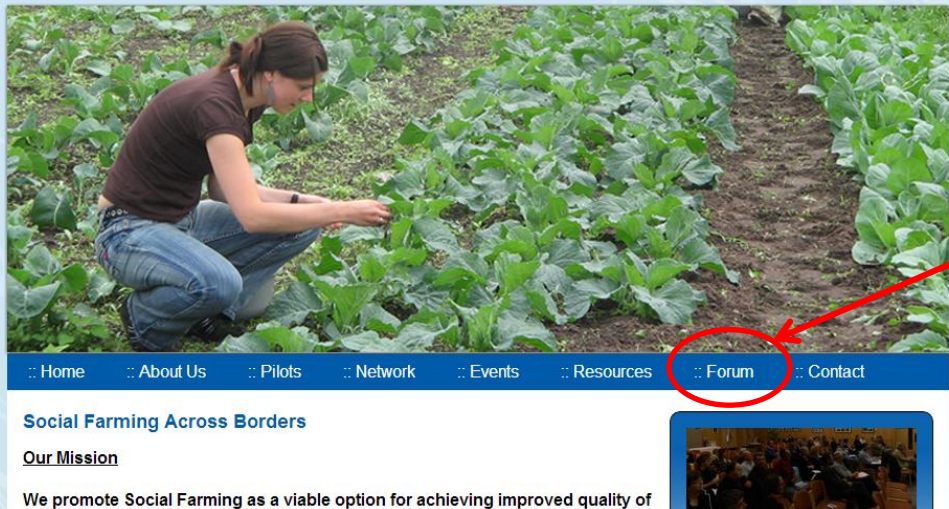
# NETWORK MEETING 2

*SoFAB forum*

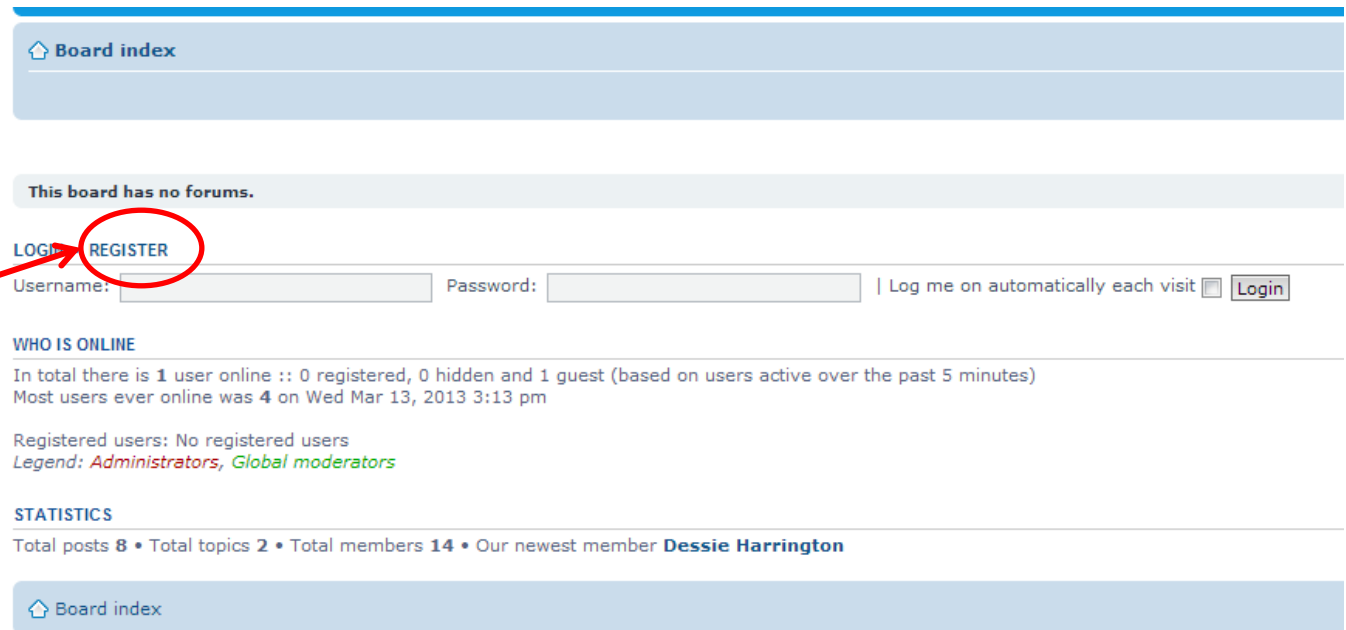
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*2014/10/10*



To enter the forum  
Click on the forum Tab  
on the SoFAB website.



You will then need to  
register to use the  
forum. Click on the  
Register Tab.

Social Farming Across Borders - Registration

Please note that you will need to enter a valid e-mail address before your account is activated. The administrator will receive an e-mail at the address you specified.

**Username:**  
Length must be between 3 and 20 characters.

**E-mail address:**

**Confirm e-mail address:**

**Password:**  
Must be between 6 and 100 characters.


**Confirm password:**

**Language:**

**Timezone:**

**CONFIRMATION OF REGISTRATION**

To prevent automated registrations the Board requires you to enter a confirmation code. The code is displayed in the image you should use. If you cannot see this code please contact the Board Administrator.

**Confirmation code:** 

Microsoft PowerPoint non-commercial use - [Presentation]

Social Farming Across Borders - Registration

Document1 - Microsoft PowerPoint

Microsoft PowerPoint

Fill in your details.  
**Use your own name**  
**as the username.**

**ACROSS BORDERS**  
The Sustainable Farming Project - Learning Zone

Board index

User Control Panel (0 new messages) • View your posts

FAQ Members Logout

It is currently Mon Mar 25, 2013 3:13 pm

Last visit was: Mon Mar 25, 2013 3:13 pm

View unanswered posts • View unread posts • View new posts • View active topics

**YOUR FIRST CATEGORY**

FORUM	TOPICS	POSTS	LAST POST
<b>Social Farming Across Borders Members Forum</b> Description of your first forum.	2	8	by Larry Masterson Thu Mar 21, 2013 7:52 pm

**WHO IS ONLINE**

In total there is 1 user online :: 1 registered, 0 hidden and 0 guests (based on users active over the past 5 minutes)  
Most users ever online was 4 on Wed Mar 13, 2013 3:13 pm

Registered users: Efitzp2214  
Legend: Administrators, Global moderators

**STATISTICS**

Total posts 8 • Total topics 2 • Total members 14 • Our newest member **Dessie Harrington**

**POSTREPLY** Search this topic... Search

7 posts • Page 1 of 1

**Welcome to our Forum**  
by sfab\_user » Thu Mar 14, 2013 11:31 am  
Hi  
And welcome to our members forum. Please respond to this topic so I know you are on the system and can post comments!

**Re: Welcome to our Forum**  
by Efitzp2214 » Thu Mar 14, 2013 11:52 am  
Hey,


**Re: Welcome to our Forum**  
by AoibeanWalsh » Thu Mar 14, 2013 12:14 pm  
Hello!

**Re: Welcome to our Forum**  
by Clare Mc Monagle » Tue Mar 19, 2013 12:56 pm  
hey

**Re: Welcome to our Forum**  
by malachy » Tue Mar 19, 2013 3:27 pm  
HELLO!

Click on Social Farming across borders members forum. This will bring you into the topics section of the forum.

To reply Click on the Post Reply tab above the other comments

 **Social Farming Across Borders**

Board index < Your first category < Social Farming Across Borders Members Forum

User Control Panel (0 new messages) • View your posts

FAQ Members Logout [ Efitzp2214 ]

### Social Farming Across Borders Members Forum

**NEWTOPIC\*** Search this forum... Search

Mark topics read • 2 topics • Page 1 of 1

TOPIC:	REPLIES	VIEWS	LAST POST
Welcome to our Forum by <b>sfab_user</b> » Thu Mar 14, 2013 11:31 am	6	49	by Larry Masterson Thu Mar 21, 2013 7:52 pm
forum test thread by <b>bluenoise</b> » Wed Mar 13, 2013 2:41 pm	0	15	by <b>bluenoise</b> Wed Mar 13, 2013 2:41 pm

Display topics from previous: All Topics Sort by Post time Descending Go

**NEWTOPIC\***

Mark topics read • 2 topics • Page 1 of 1

Return to Board index

To Create a new topic,  
Click on the New Topic  
Tab. This will bring you  
into an E-mail type  
format.

Once you have  
completed the topic  
Click on the submit Tab  
underneath and your  
topic will be reviewed

### Social Farming Across Borders Members Forum



#### POST A NEW TOPIC

Topic icon:

☒ None ☐  ☐  ☐  ☐  ☐  ☐  ☐  ☐  ☐  ☐ 

Subject:

Risk Assessment - Where do I start?

**B** *i* u Quote Code List List= [\*]   Normal Font colour

How are you progressing with your Risk Assessment? Are you running into problems? :?:

Placement

Save draft

 New

**Submit**



# NETWORK MEETING 2

## SOFAB RESEARCH

# SoFAB Specific Objectives

- Address the perceived infrastructural gap by addressing the **lack of knowledge** that exists as to the potential of social farming to provide an alternative income for farmers and an alternative for the likes of vulnerable adults, older people, recovering addicts, etc.
- Explore the **benefits of social farming** from the perspective of all stakeholders and quantify what it costs to derive these benefits in the specific context of NI and RoI

# Research Plan

Farmers

Service  
Users

Service  
Providers

Rural  
Community

**Pre-Pilot; Pilot; Post-Pilot**

# SoFAB Network Trips

## Tuesday 23<sup>rd</sup> April 2013

Visit to Vincent Coyle's farm –  
Summerhill, Co. Meath

Camphill Community –  
Ballybay

All meet at the Wetlands Centre  
Ballybay, Bus to depart @ 10am

## Thursday 2<sup>nd</sup> May 2013

Sunflower Farm, Roscommon

Host Farmer – Gerry Brown

Brothers of Charity –  
Roscommon

Bus Departing the Landmark  
Hotel Carrick-on-Shannon @  
10am

- ❖ Lunch will be provided on both networking visits.
- ❖ There are 25 places on each trip.
- ❖ Places allocated on a first come first serve basis.

# CONFERENCE

**Save the date:**

**12<sup>th</sup> June 2013**

**Social Farming Conference at  
the Landmark Hotel  
Carrick on Shannon  
Leitrim**

